



BALTHAZ-AR
CENTRE DES ARTS DU CIRQUE

Formations Arts du cirque et du mouvement 2020-2021

- **Formation préparatoire aux écoles supérieures**
agrée par le Ministère de la culture
- **Formation professionnelle**
certifiante de niveau 5 (bac + 2)

Application Form

Please fill up in French, sign and
send by post or mail
before the **3rd of April 2020 !**



Centre des arts du cirque Balthazar
16 rue Toiras 34000 Montpellier
00 33 (0)4 67 42 28 36
pro@balthazar.asso.fr
www.balthazar.asso.fr

Summary

This form has to be signed and sent with all the requested documents before the 3rd of April 2020 :

***by post to Centre des arts du cirque Balthazar
16 rue Toiras 34000 Montpellier – France***

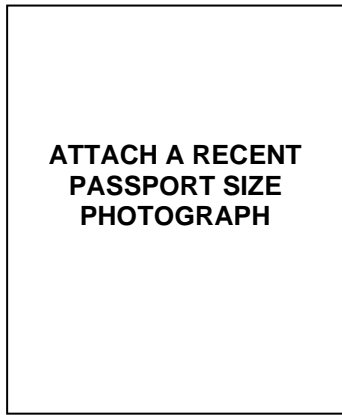
or by email to pro@balthazar.asso.fr

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*Cover's picture : Corinne Gal
Artists: Lola Devault-Sierra et Nickolas Van Corven*

1. Personal information



Surname :

First Name :

Date of birth : Age :

Place of birth :

Nationality :

Social security number :

Personal e-mail address :

Current address :

Postcode : City : Country :

How long will this address be valid for ?

Personal phone number : Parents phone number :

Parents address :

Postcode : City : Country :

Parents e-mail address :

Occupation of parents: mother :

father :

Candidate's background :

Where have you practiced circus or arts, **name of the school and city** ?
:

.....

Language skills :

Secondary education :

Degrees (A level, ...):

.....

Current situation (employed, unemployed, student, ...), specify which job or studies/ where :
.....

Specific health problems :

.....

2. General information

- CIRCUS ARTS TRAINING (REGULAR PRACTICE OR WORKSHOP)**

Year	<u>Name and place</u> of the school	Teacher's name	Discipline	Nb. of hours / year

- ACROBATICS AND/ OR GYMNATICS AND/ OR B-BOYING (REGULAR PRACTICE OR WORKSHOP)**

Year	<u>Name and place</u> of the school	Teacher's name	Discipline	Nb. of hours / year

- PHYSICAL CONDITION**

Size : **Weight** :

Endurance : How do you train (tick or fill up the boxes) ?

Running	Swimming	Sport, which one :	Other

Body training (tick the boxes)

Number of push ups :		
Number of tractions:		
Number of flexions on one leg :	Left :	Right :

Flexibility (tick the boxes) :

	Not there	Gained	Easily done
Left split			
Right split			
Front split			
Bridge			
Shoulder alignment			
Pike			

• **ACROBATIC LEVEL**

On the day of selection, you will perform on mats, not on a tumbling.

Tick the boxes and precise: - "P": if you need assistance to execute the move
 - "N" if you can do them normally
 - "A": if you can do them on your own easily } **your evaluation must be done on hard floor.**

Acrobatics :

Carthwheel	Round off	Handspring	Headspring	Flip	Back sommersault	Front sommersault

Handstand :

Handstand in line	Handstand Held 1 min alone	Tuck to handstand	Leaver	Handstand on one arm

Breakdance :

Crown	Cupola	Head spin	Thomas	Other :

Other moves you can do :

.....

• **DANSE TRAINING (REGULAR PRACTISE OR WORKSHOP)**

Year	<u>Name and place</u> of the school	<u>Teacher's name</u>	Discipline	Nb of hours / year

• **ACTING (REGULAR PRACTISE OR WORKSHOP)**

Year	<u>Name and place</u> of the school	<u>Teacher's name</u>	Discipline	Nb of hours / year

• **OTHER ACTIVITIES (ART, SPORT, ...)**

Year	<u>Name and place</u> of the school	<u>Teacher's name</u>	Discipline	Nb of hours / year

**I confirm that the information given in this form are true.
 Therefore, I confirm to be fully informed about the professional training from the Centre des arts du cirque Balthazar.
 I am fully aware that circus arts' professional activities imply an excellent physical condition, a very healthy lifestyle and however imply certain risks.**

At : **On :**

Signature :

3. Questionnaire

Thank you for answering all questions in French

1) How did you meet circus arts:
What have you done before applying to CADC Balthazar? (school for amateurs or professionals, companies, street... give details)

.....
.....
.....

2) What is your main circus arts speciality?

.....

Level (most advanced technical figure):

.....

3) If you practise a second specialty, which one?

.....

Do you apply with a partner (if yes, name of your partner)?

.....

4) If you want to specialize in « base » :

- would you like to follow the « base » hand to hand programme yes no

- would you like to follow the « base » aerial programme yes no

5) Why do you want to do this training?

.....
.....

6) Why have you chosen CADC Balthazar?

.....

7) How did you hear about CADC Balthazar?

.....

8) In which course (project) do you fit best?

- Preparatory program towards graduate schools / 1 or 2 years
- Certification program towards companies / 2 years
- PEPS, incubator program for creative studios (for certified students)/ 1 or 2 years

9) What are your plans: tell us, if possible, what school you would like to apply for after studying in Balthazar, or what you want to do:

.....
.....
.....

10) This year, are you applying to other schools? Which ones (in order of priority)?

.....
.....

11) If you have conflicting agenda in terms of selection dates, which dates would you prefer:

- 18-19th June (priority to non high school student)
- or
- 29-30th June (priority to high school students/ baccalauréat)

Why ?

12) Have you ever lived on your own? In which occasion?

.....

13) How will you support your needs? (Accommodation, food, transport, medical care, shows?)

.....
.....

14) In case you have no grant from the Region for the training, how will you get the funds?

.....
.....

4. Documents to enclose

This form needs to be sent with all the requested documents before the **3rd of April 2020**:
- either by post to Centre des arts du cirque Balthazar, 16 rue Toiras 34000 Montpellier France.
- or by email to pro@balthazar.asso.fr

Applications will be treated in the order of arrival.
Incomplete forms will not be treated.

If you are pre-selected, you will be invited by mail to the auditions: **18th and 19th of June**
or **29th and 30th of June 2020**.

Documents to enclose (all levels) :

- 1 **passport size photograph** with your name on the back
- 1 **full-body photograph** with your name on the back.
- 1 **cover letter** (1 page maximum).
- 1 **Europass CV** (see instructions on <http://europass.cedefop.europa.eu>).
- 1 **medical certificate** certifying that it is safe for you to follow intense physical activities, made less than 3 months ago by a sports doctor.
(Find, attached to this file, a document that you will have to give to the doctor.)
- 1 copy of the interpretation of a **rachis X-ray**, made less than 3 months ago.
- 1 copy of the interpretation of an **electrocardiogram**, made less than 3 months ago.
- 1 certificate of immunization (Tetanus/BCG/DTP).
- 1 certificate of **health insurance** that will cover medical expenses in the case of disease, accident, ...
- This form filled in and signed: **Personal information, General information and Questionnaire** (pages 1 to 6).
- 25 euro : non refundable application **fees**

Be careful : we can't accept cheques.

You can make a transfer to the following bank account (bank fees at your expense) :
IBAN : FR 76 4255 9100 0008 0034 5484 242 - CODE BIC : CCOPFRPPXXX



BALTHAZ-AR
CENTRE DES ARTS DU CIRQUE

INFORMATION MAIL TO BE DELIVERED TO PARENTS

So that the life change necessary for the **smooth running of the training** takes place in good conditions and with respect for each person's roles, we allow ourselves to give you the following information:

We remind you that the trainee has a **status similar to that of an employee** in the professional training program (free):

- the dates of the training periods must be respected, **the presence of trainees is compulsory** (including before departures, on return from vacation),
- the training calendar will not necessarily be the same as the school calendar,
- internships in companies will be spread over the year,
- the training will take place on certain weekends.

We do not recommend, except in exceptional cases, to return on weekends (this is too tiring).

On the other hand, we inform you that basic equipment will be requested from trainees (a list will be provided to them before the start of the school year).

It is important that a **medical follow-up** at the expense of the trainee can take place as well as **good living conditions** (correct and close-by accommodation, well-balanced meals) will be essential. In addition to social security, the trainee must be covered by a complementary health insurance covering this type of activity.

Finally, be aware that the circus and movement arts professions require excellent physical condition, a very healthy lifestyle and **nevertheless that they involve certain risks**.

Our professionalization mission must allow trainees to acquire as much autonomy as possible with a view to independence.

This is why if there is a problem, we will deal with it as often as possible directly with the trainee and will be at your disposal if necessary.

Best regards,

The Balthazar Circus Arts Center team



BALTHAZ-AR
CENTRE DES ARTS DU CIRQUE

<p style="text-align: center;">INFORMATION NOTE ON PRACTICE FOR THE DOCTOR WHO WILL ISSUE THE MEDICAL CERTIFICATE</p>
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Dear doctor,

You are welcoming today a person preparing to follow the professional training of the Balthazar Circus Arts Center.

This training requires intense physical commitment: 25 hours of physical training per week, for approximately 10 months.

This training includes efforts corresponding to activities such as floor acrobatics, trampoline, trapeze, juggling, wire, dance, and emotional moments during the shows. These activities require good risk management.

Following this training, the young artist will continue his studies for several years, at the Balthazar Circus Arts Center or in another training place, in order to best prepare for the profession of circus artist.

This is why we ask you to be as vigilant as possible regarding the detection of a possible physical contraindication: skeletal, articular, muscular, cardiopulmonary, ... or psychological.

We asked him to present the results of the medical examinations already carried out (radio of the spine and electrocardiogram in particular) as well as the vaccination record.

We thank you in advance for your attention to this request and please accept our best regards.

The Balthazar Circus Arts Center team

PARTNERS OF BALTHAZAR CIRCUS ARTS CENTER

Institutional partners



The Occitanie / Pyrénées-Méditerranée Region finances the implementation of the training activity "Circus and movement arts professions" carried out by Balthazar Circus Arts Center for € 259,532.

Preparatory training for higher circus schools is funded by the Regional Department of Cultural Affairs Occitanie, and hosted on the domain d'O in Montpellier.

Support for actions



Networks and accreditations



Occitanie Network



Professional partners



Suppliers

